#### TORONTO BIRTH CENTRE

#### ANNUAL REPORT

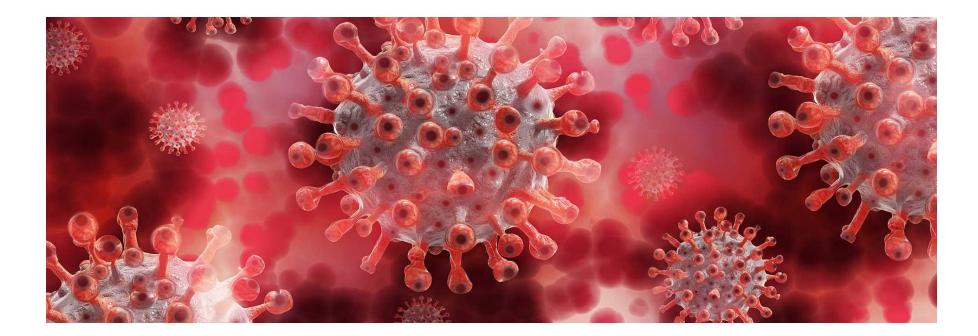
2020-2021



#### COVID-19

#### April 1, 2020-March 31, 2021

Two-weeks prior to the beginning of the fiscal year, public health measures were initiated in the province to respond to the COVID-19 pandemic! This year was a difficult one for the world and we note both the challenges and successes of these unprecedented circumstances.



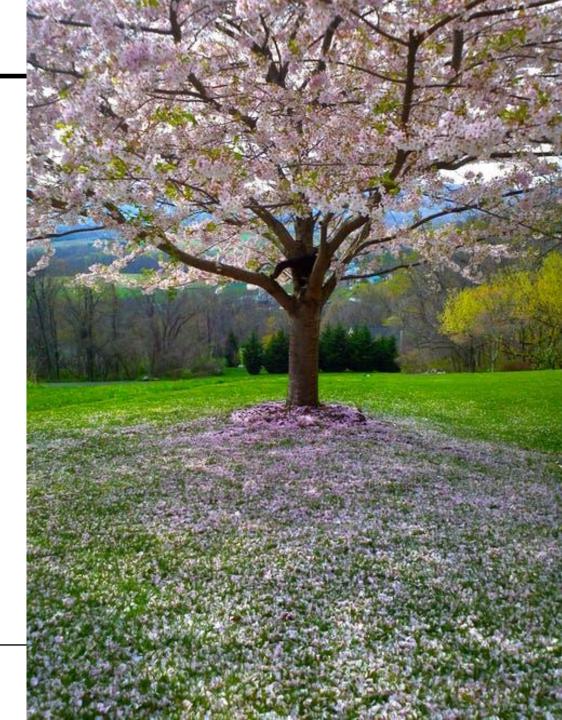
### ADMISSIONS AND BIRTHS

# Clients Admitted

**# of Births** 

499

362



### SINCE OPENING (JAN 31, 2014)

# Admissions

# 3546

# Births

# 2651

4

# PARITY OF PEOPLE ADMITTED TO TBC (# AND % OF ALL ADMISSIONS)

- Primips (First Birth): 284 (56.9%)
- Multips (One or more prior vaginal births): 205 (41.1%)
- Multiparous with prior c/s: 10 (2%)

(one or more prior births, including a caesarean section)

#### AVERAGE TOTAL LENGTH OF STAY (SINCE OPENING JAN 31, 2014)

All Admissions	6.46 h
for Nulliparous clients	7.16 h
<ul><li>With tub use</li><li>With water birth</li><li>With transport</li></ul>	7.50 h 6.20 h 7.21 h
for Multiparous clients	5.72 h
<ul><li>With tub use</li><li>With water birth</li><li>With transport</li></ul>	6.00 h 5.40 h 5.72 h

# **LENGTH OF STAY AFTER BIRTH**

(FOR BIRTHS WITHOUT TRANSPORT, SINCE OPENING JAN 31, 2014)

Average length of stay after birth 3.02 h for Nulliparous clients 3.12 h for Multiparous clients 2.92 h

### SKIN TO SKIN CONTACT OF BABY WITH BIRTHING PERSON OR A FAMILY MEMBER

Skin to Skin

Skin to skin without transport

Skin to Skin before/during transport\*

99.4% of all TBC births

100% of all TBC births without transport

91.7% of all TBC births with transport of baby or birthing person

\* Of all births requiring postpartum AND/OR neonatal transport (see note above)

#### BREAST OR CHEST FEEDING (THIS FISCAL YEAR)

#### Latch achieved before discharge

- Latch achieved before discharge with no transport
- Latch before discharge/with transport\*

345 (95.3% of all births) 331 (97.9% of all births without transport) 14 (58.3% of all births with transport)

## Latch Not Achieved 14 (0.2% of all births)

Declined to latch 3 (0.8% of all births)

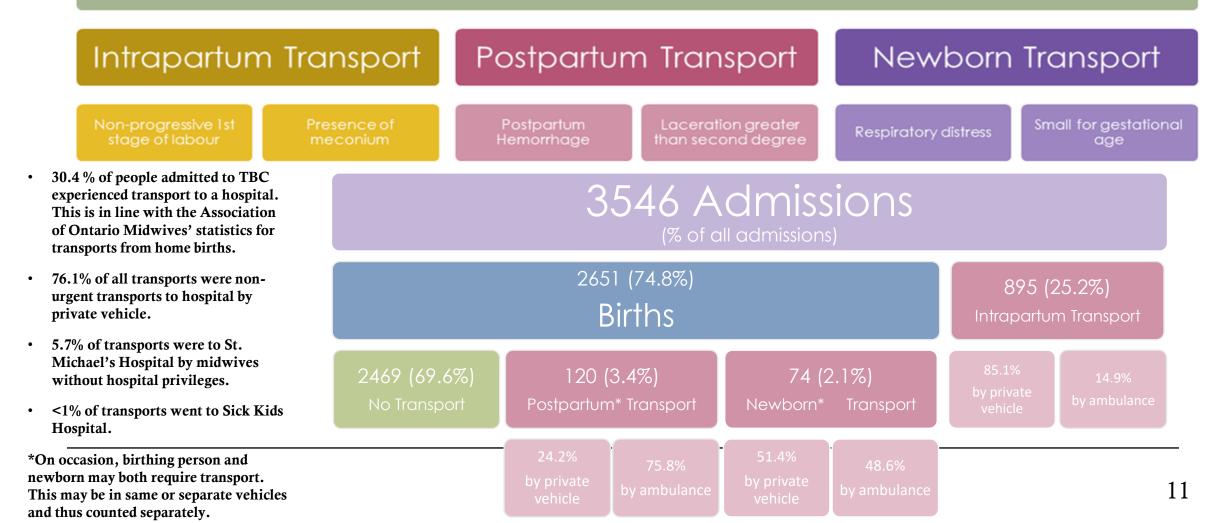
\* Transport may have been for birthing person or baby or both

**WHAT WERE** THE MOST POSITIVE THINGS **ABOUT YOUR** TBC **EXPERIENCE?**" **CLIENT EXPERIENCE SURVEY** 



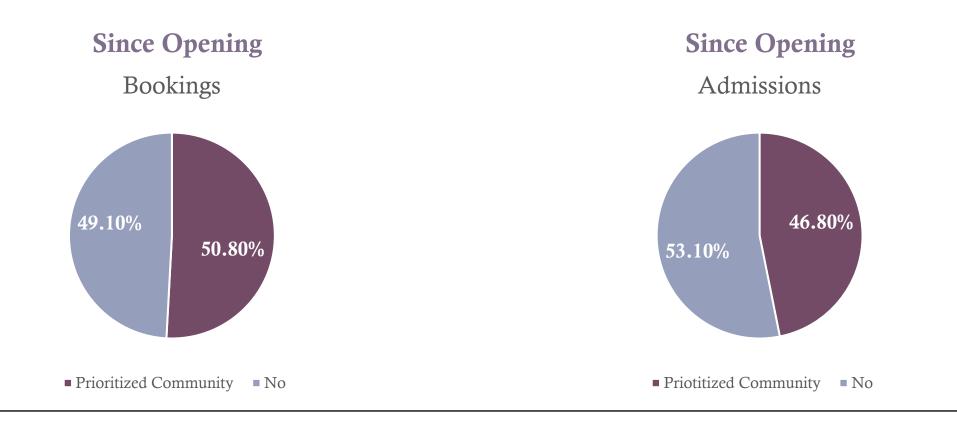
#### TRANSPORTS\* JANUARY 30, 2014-MARCH 31, 2021

Most common reasons for transport



### ACCESS AND EQUITY

The Toronto Birth Centre has set a mandate to prioritize access for communities that experience systemic barriers to adequate health care. Clients can choose to self-identify as members of one or more Prioritized Communities.



#### MODE OF DELIVERY (OPENING-APRIL 30, 2021)

TBC Admissions:	Total	Total Nullip	Total Multip, No prior C/S	Total Multip, with prior C/S
	3573	2135	1358	80
Spontaneous vaginal births - TOTAL	3177	1778	1333	66
% of admissions	88.9%	83.3%	98.2%	82.5%
Spontaneous vaginal births - at TBC	2665	1367	1245	53
% of admissions	74.6%	64.0%	91.7%	66.3%
Spontaneous vaginal births - in hospital	510	409	88	13
% of admissions	14.3%	19.2%	6.5%	16.3%
Spontaneous vaginal births - other location	2	2	0	0
% of admissions	0.1%	0.1%	0.0%	0.0%
Vacuum births	101	93	8	0
% of admissions	2.8%	4.4%	0.6%	0.0%
Forceps births	52	52	0	0
% of admissions	1.5%	2.4%	0.0%	0.0%
Caesarean births	231	202	15	14
% of admissions	6.5%	9.5%	1.1%	17.5%
Missing data	12	10	2	0
% of admissions	0.3%	0.5%	0.1%	0.0%

### EDUCATION

Student placement activities underway in-person as of mid-March 2020 were suspended, as organizations and communities responded to the pandemic. TBC continued online placement experiences for students wherever possible. Modified versions of most placements were offered in the 2020-21 academic year - we have never stopped providing educational opportunities to learners. TBC supports the growth of health human resources and have done everything we can to ensure their learning and safety.

The TBC had contracts with 3 Midwifery Education Programs (MEPs): Laurentian, McMaster, and Ryerson Universities.

TBC also offered one placement for Ryerson's Social Work program.

University of Toronto Medical students participated in TBC placement Sept to May.

#### EDUCATION

28.7% of all				
admissions involved				
students				

116 (23.2%) admissions were attended by 1 student 27 (5.4%) admissions were attended by 2+ students

132 (26.5%) of admissions included MPG students 15 (3.0%) of admissions included students placed at TBC 38 (7.6%) of admissions included Indigenous students

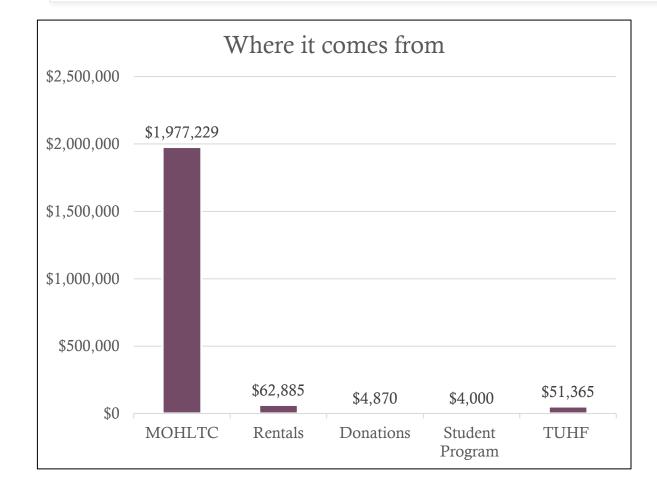
#### FINANCIAL

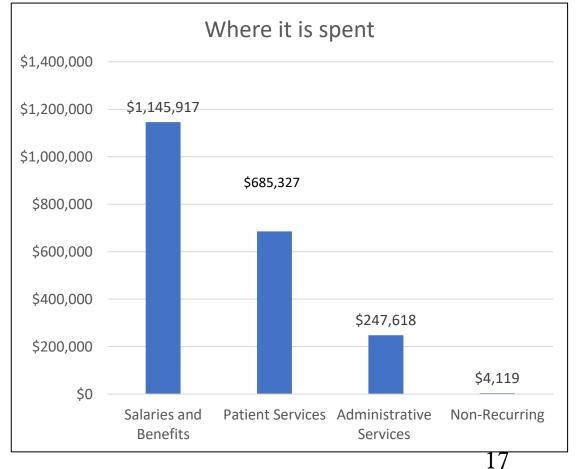
### Financial statements for the 2020-21 fiscal year have been audited by Norton McMullen, LLP.

The following slides are summary excerpts from the audited financial statements.

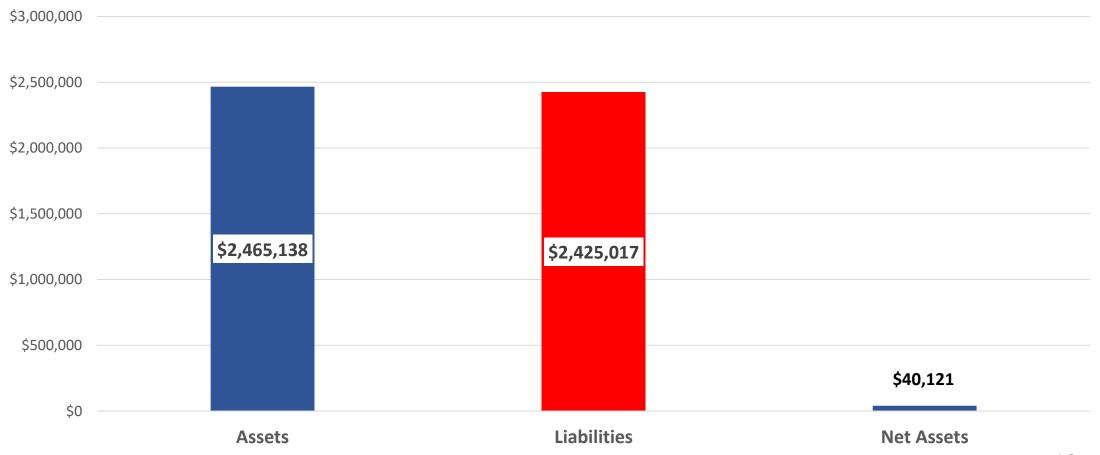
If you would like to request a copy of the complete and approved TBC audited financial statements, please contact Cheryl Creighton at: admin@torontobirthcentre.ca .

#### FINANCIALS

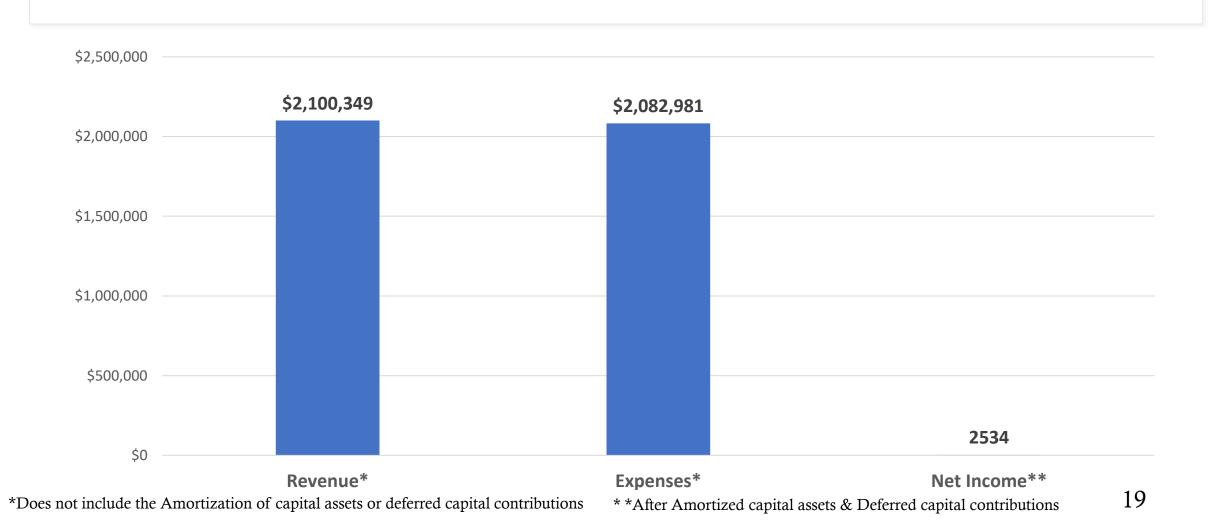




#### FINANCIAL POSITION



#### FINANCIAL PERFORMANCE



#### PROGRAMS AT TBC

Pandemic restrictions enabled us to offer on-line programming via Zoom. The following is a list of presenters and some of the topics offered:

Slow Flow and Feel with Ashley Bodhur	Body-Positive/ confidence/ acceptance workshops with Luna Matatas	Caitlin Patterson parenting and gardening workshops	Movement and Meditation with Shanèl Dear	Placenta Teachings with Heather Chijiinweh
Troy Greene, one to one sessions	Moonstration workshops with Jessica Yee (Danforth)	Treat YO'self workhops with Jade Niles Craig	Luana Shirt Moon teachings, 7 stages of Life and women's teachings	Winter Medicine Teaching with Chrystal Waban Toop
	Beading With Emily Clairoux	Obstetric Justice with Kate MacDonald	Virtual Tours for community orgs and Potential Clients	

#### PARTNERSHIPS

#### TBC partnered with the following this year:

- Association of Ontario Midwives: COVID-19 midwifery stakeholders group
- Auduzhe Mino Nesewinong-a place of healthy breathing reference group
- (First Nations Inuit and Metis Community Advisory Panel/Unity Health Toronto+ Indigenous Caucus).
- Women's College Hospital: Community Liaison Advisory Committee and Quality Academic and Equity Committee
- University Health Network (UHN) Community partner: UHN on fact sheets/materials for the Indigenous community related to COVID-19.
- Toronto Public Health Infant Hearing Screening
- Toronto Urban Health Fund (City of Toronto) + Baby Bundle (SGMT)
- Ancestral Hands Midwives, Althea Jones
- OCAMA Collective

### **GOVERNANCE AND ADVISORY COMMITTEES**

#### **Board of Directors:**

Ellen Blais, A.M., (Director); Cheryllee Bourgeois, A.M.; Kristen Dennis, R.M., (Director); Jennifer Dockery, (Ex-Officio Director); Melida Jimenez, RM; Andrea Luciuk, R.M. (Treasurer); Sarah Martineau (President), R.M., (Director); Jay MacGillivray, R.M., (Director); Monica McKay, (Director); Kimberley Orton, R.M. (Secretary); and Laura Pus (Director - Women's College Hospital).

Outgoing Directors: Jay MacGillivray, Jennifer Dockery Incoming Directors: Laura Pus (Women's College Hospital, Melida Jimenez, R.M.& Jennifer Dockery (Ex-Officio).

Out-going & Incoming President: Cheryllee Bourgeois & Sarah Martineau

#### **Community Council:**

Co-chairs: Shannon Simpson and Rochelle Allan; Krysta Williams; Nicole Penak; Faith Wraith; Natalie Lucas; Rebecca Beaulne-Stuebing; Gillian Kyle; and Melissa Stevenson.

Out-going members: Rochelle Allan Incoming Members: Gillian Kyle

#### **GOVERNANCE AND ADVISORY COMMITTEES**

Quality Advisory Committee: Sara Booth, RM - Quality Advisor Sophie Roher, Community Council stream Jennifer Gilbert, Community Council stream Dione Amsterdam, RM, special appointee Dr. Elin Raymond, Midwives' Council stream Katelyn Blascik, RM, Midwives' Council stream Kimberley Orton, RM (TBC Board) Tiffany Fung, Board stream Cate Bester, RM, Board stream

Outgoing Members: Kimberley Orton, RM

### **GOVERNANCE AND ADVISORY COMMITTEES**

#### Midwives Council:

<u>Co-Chairs:</u> Zuzana Betkova, RM; Kathleen Babe, RM Indigenous Seat (Shared): Rocio Guzman Velasquez, RM; Odaemin McKay-Loescher, RM - outgoing <u>Community Midwives of Toronto</u>: Fariba Shodjaie, RM; Alusha Morris, RM Diversity Midwives: Tama Cross, RM; Alexandra Nikitakis, RM Kensington Midwives: Sara Chambers, RM; Noelia Greizerstein, RM - outgoing MATCH: Jenna Bly, RM; Sheezeen Suleman, RM Midwife Alliance: Jennifer Brewer, RM; Tara Wodelet, RM The Midwives Clinic of East York-Don Mills: Ness Dixon, RM; Nabal Kanaan, RM; Kristen Taylor, RM outgoing Midwives Collective of Toronto: Nimerta Dhami, RM <u>Riverdale Community Midwives:</u> Sabina Fella, RM; Tia Sarkar, RM; Amanda Tissera, RM Seventh Generation Midwives of Toronto: Brescia Nember-Reid, RM; Leah Crawford, RM - outgoing Trillium Midwives: Fang Yu, RM; Sindy Cheung, RM

#### **TBC STAFF**

#### **Administrative Team**

Roberta Pike. MSW, Executive Director Sara Booth, RM, Clinical Director Cheryl Creighton, Office Manager Monica Mitchell-Taylor, Data Analyst/ Database Administrator Denise Booth, Indigenous and Community Engagement Coordinator Celia Su, Clinical Administrative Assistant Noah Souliere-Lamb, Mukwa Shanna Sandy-Montour-Sandy, Mukwa (Outgoing) Weston Miller, Mukwa Trainee

#### **Clinical Team**

Tamara Sanchez, Head Birth Centre Aide (HBCA) Marixa Alva Roncal, Birth Centre Aide (BCA) Asinkwe (Nicole) Aicken, BCA Hannah Schreck (Parental Leave), BCA Evan Noodin Smith, BCA (Outgoing) Victoria Manitowabi, BCA Barbara Schreck, BCA Cassandra Thompson, BCA Kandace Price, BCA (Outgoing) Cameron McIntyre, BCA (Outgoing) Giselle Johnston, BCA

### Miigwetch, Nia:weh, Merci and Thank you!!

Tkaranto Ondandazi Gamig (TBC) is this old...looks like we are headed for a lot of growth next year!