

# Toronto Birth Centre

Annual Report

2020





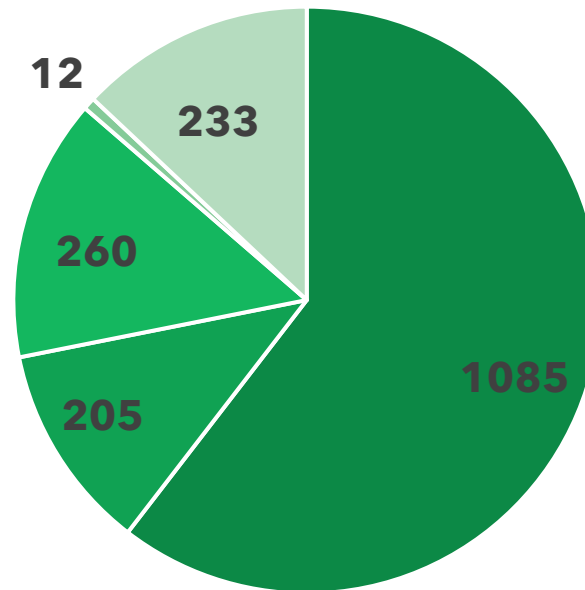
## Message from the Executive Director

This year has been a phenomenal year for the birth centre. We have exceeded our funded numbers for the year again once again. This year has brought many opportunities to engage midwives in looking at our data and extrapolating some of our successes over the long-term such as : many of the key outcomes for the Toronto Birth Centre are consistent with those of Ontario midwifery home birth clients and thus we can be confident in both the safety and outcomes at TBC. We also had many opportunities to explore areas of access and inclusion for those people with disabilities and made several improvements on our birth spaces. Groups in the community have come forward to build partnerships with TBC such as with OCAMA through offering free space and hosting a session with them on lactation/breast/chestfeeding session for Black and queer folks. We have also been able to offer cultural activities such as hide preparation in conjunction with Titiesg Wîcinîmintôwak (Bluejays Dancing Together), an arts collective by and for Two-Spirit artists and a family medicine walk by the Humber River hosted by Ojibiikaan. We have been very fortunate to have such a dedicated group of people committed to working with the birth centre. Near the end of the fiscal year, the pandemic hit Toronto and we continued to offer birthing services but had to put classroom rentals and groups on hold and find another way to host programming on-line. By far, the most incredible highlight of this year was the credentialing at TBC of our first Aboriginal Midwife working under the exception clause of the Midwifery Act. This has been a dream and vision of the organization since opening. We hope that in the years to come, Indigenous people are inspired to learn about and engage in all forms of birth work in communities everywhere.



# Clinical Program

# Visitors to TBC (1795)



- Expectant Families-Booked
- Pre-Natal Class Participant
- Other Visitor-Unbooked

- Expectant Families-Unbooked
- Other Visitor-Booked

A scenic view of a river with a dam and a forested background. The river flows from the left towards the right, passing through a dam structure. The background is a dense forest of green trees under a blue sky with scattered white clouds. In the foreground, there are some rocks and a grassy bank on the right side.

**Clients admitted in labour**  
**580**

**# Births  
this year**



**440**

## **PARITY of People who gave BIRTH (as a % of Admissions)**

**Primips (First Birth): 331 (57.1%)**

**Multips (One or more prior vaginal births): 235 (40.5%)**

**Multiparous with prior c/s: 14 (2.4%)**

**(one or more prior births, including a caesarean section)**



Since Opening

3047 Admissions

2280 Births



# Length of Stay After Birth (Births w/o Transport)

Average length of stay after birth (in hours) 2.95

- for Nulliparous clients 2.98
- for Multiparous clients 2.92

# Average Total length of stay in hours

All Admissions

**6.58**

for Nulliparous clients

**7.39**

- Nulliparous, with tub use 7.81
- Nulliparous, with water birth 6.42
- Nulliparous, with transport 7.39

for Multiparous clients

**5.81**

- Multiparous, with tub use 5.96
- Multiparous, with water birth 5.56
- Multiparous, with transport 5.81

# Skin to Skin

Skin to Skin	437
Skin to skin without transport	419
Skin to Skin before/during transport*	18
Skin to Skin Declined	1



# Breast/Chest Feeding

<b>Latch Achieved at TBC</b>	<b>426 (96.6%)</b>
• Latch achieved without transport	<b>415 (94.1%)</b>
• Latch achieved before/during transport*	<b>11 (54.2%)</b>
<b>Latch Not Achieved</b>	<b>13** (2.9%)</b>
<b>Declined to breast/chest feed</b>	<b>2 (0.5%)</b>

\* Transport may have been for mom or baby or both

\*\* 4 had the opportunity within the first hour and 8 were transported from TBC and did not have the opportunity to latch.



# 3047 Admissions

2289  
Births

758  
Intrapartum  
Transport

2131  
No Transport

101  
Postpartum\*  
Transport

65  
Newborn\*  
Transport

85.6%  
by private  
vehicle

14.4%  
by  
ambulance

26.7%  
by private  
vehicle

73.3%  
by  
ambulance

53.8%  
by private  
vehicle

46.2%  
by  
ambulance

## Most common reasons for transport

Intrapartum Transport

Postpartum Transport

Newborn Transport

Non-progressive 1st  
stage of labour

Presence of  
meconium

Postpartum  
Hemorrhage

Laceration greater  
than second degree

Respiratory distress

Small for gestational  
age

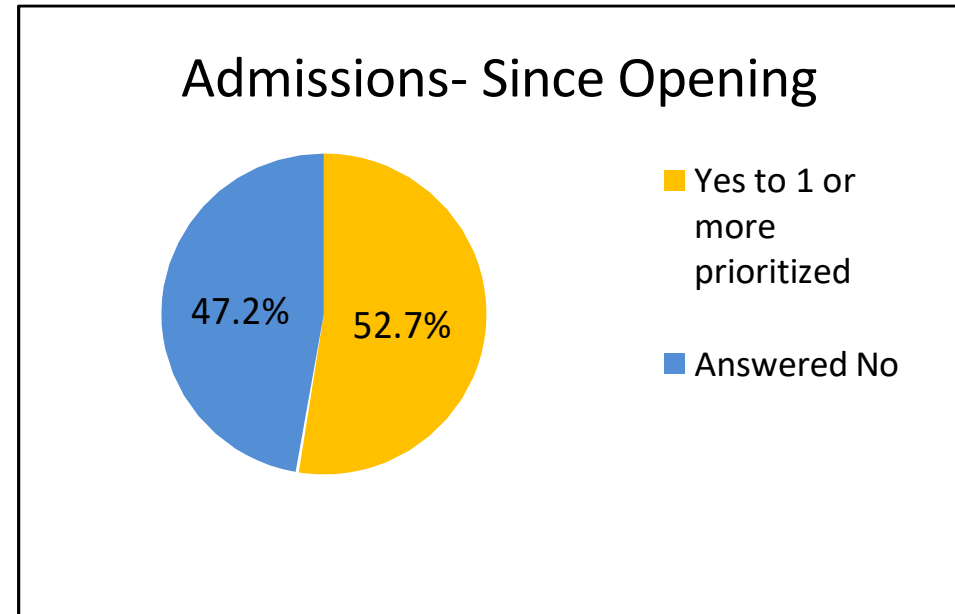
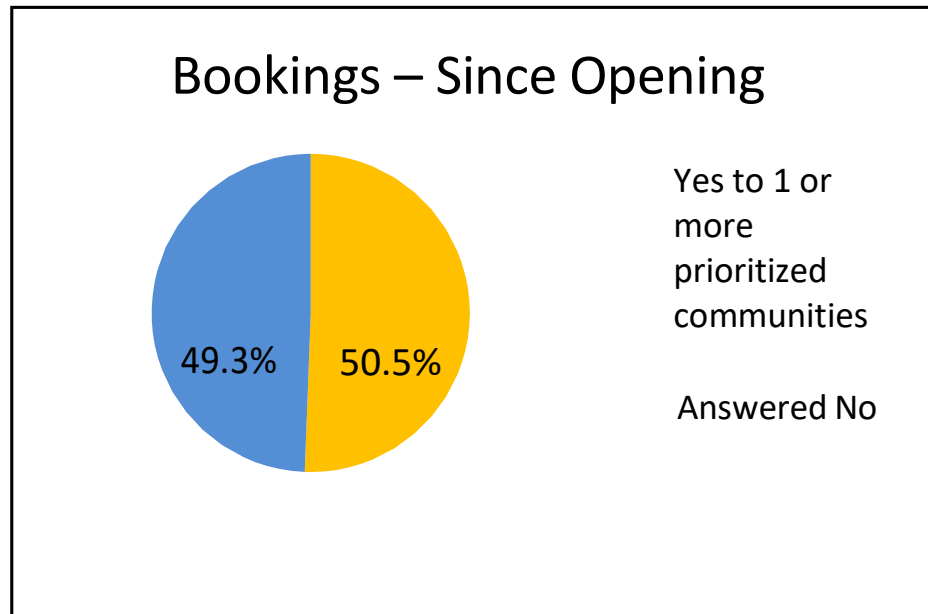
## TRANSPORTS\* January 30, 2014-March 31, 2020

- 30.3% of people admitted to TBC experienced transport to a hospital. This is in line with the Association of Ontario Midwives' statistics for transports from home births.
- 75.1% of all transports were non-urgent transports to hospital by private vehicle.
- 5.9% of transports were to St. Michael's Hospital by midwives without hospital privileges.
- <1% of transports went to Sick Kids Hospital.

\*On occasion, parent and newborn may both require transport. This may be in same or separate vehicles.

# Access & Equity

The Toronto Birth Centre has set a mandate to prioritize access for communities that experience barriers to adequate health care. Clients can choose to self-identify as members of one or more Prioritized Communities.



# Mode of Delivery

MODE OF DELIVERY				
TBC Admissions:	Total	Total Nullip	Total Multip, No prior C/S	Total Multip, with prior C/S
	<b>3047</b>	<b>1835</b>	1142	<b>70</b>
<b>Spontaneous vaginal births - TOTAL</b> % of admissions	2727 89.5%	1544 84.1%	1126 98.6%	57 81.4%
<b>Spontaneous vaginal births - at TBC</b> % of admissions	2289 75.1%	1195 65.1%	1048 91.8%	46 65.7%
<b>Spontaneous vaginal births - in hospital</b> % of admissions	438 14.4%	349 19.0%	78 6.8%	11 15.7%
<b>Vacuum births</b> % of admissions	84 2.8%	77 4.2%	7 0.6%	0 0.0%
<b>Forceps births</b> % of admissions	47 1.5%	47 2.6%	0 0.0%	0 0.0%
<b>Caesarean births</b> % of admissions	178 5.8%	157 8.6%	9 0.8%	12 17.1%
<b>Missing data</b> % of admissions	11 0.4%	10 0.5%	0 0%	1 1.4%

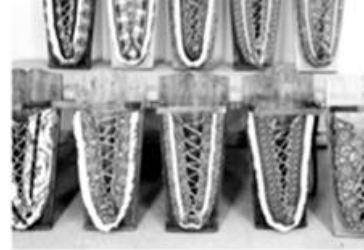
“ What were the most positive things about your TBC experience?”

Client Experience Survey





# Partnerships- Baby Bundle



## TIKINAGAN MAKING

With Shannon and Ryan Gustafson

February 10 & 11 | 9:30 am – 4:30pm

TBC Classroom 2<sup>nd</sup> Floor, 525 Dundas Street East

Toronto Birth Centre in partnership with The Baby Bundle Project are happy to host a learning opportunity with Shannon and Ryan Gustafson to build our own Tikinagan.

You must be able to attend both days. Children are welcome.

Beverages, lunch and light snacks will be provided.

This event has limited space prioritized to Baby Bundle participants. Please email Denise Booth [icec@torontobirthcentre.ca](mailto:icec@torontobirthcentre.ca) or Lucille Durand-Smith





OJIIBIKENS AND TORONTO BIRTH CENTRE  
INVITES YOU TO

## FAMILY MEDICINE WALK ON THE HUMBER RIVER!

**SATURDAY SEPT 7  
10:00 AM- 12:00 PM**

Etienne Brule Park- Follow Old Mill Rd  
until you pass the bridge  
then follow the Ojiibikens sign

Free for families

To register email: [icec@torontobirthcentre.ca](mailto:icec@torontobirthcentre.ca)



# OJIIBIKENS



**Have questions  
about:**

Breastfeeding/  
Chestfeeding basics?  
Inducing lactation?

Facilitated by  
Lactation Consultants (IBCLCS) and  
parents with lived experience

RSVP to  
[OcamaCollective@gmail.com](mailto:OcamaCollective@gmail.com)

Light refreshments  
Childcare available  
Wheelchair accessible

# NURSING THE QUEER WOMBXN'S WAY

June 15, 2019  
Toronto Birth Centre  
525 Dundas St.E.  
1PM-4PM

# OCAMA



### Personal Storytelling through Art Making

With Catherine Tammaro

Friday April 26<sup>th</sup>, 2019  
1:30pm to 3:30pm  
2<sup>nd</sup> Floor TBC Classroom  
525 Dundas Street East

**\*Limited Space Available\***

For more information and to register please contact  
Denise [icec@torontobirthcentre.ca](mailto:icec@torontobirthcentre.ca)

Wynandor artist and award Path Keeper Catherine Tammaro, will take participants through a series of two art making sessions which reflect and support the self in relation to the natural world. They will use drawing materials and natural objects to create expressive, and personal works. Participants are encouraged to work in a non-judgmental, non-critical way, allowing their inner processes and creativity to emerge. Participants do not require previous art making experience. Participants may be given prompts to facilitate the art making process.



## Obstetric Violence Sharing & Learning Circle

What is obstetric violence? What can we do about it? Who is responsible for speaking up about the issue of obstetric violence in Canada?

An informal workshop for anyone interested in sharing experiences and learning more about obstetric violence.

This event is free and all are welcome!

Wednesday April 17  
2nd Floor Classroom  
1:30pm-3:30pm

Toronto Birth Centre  
525 Dundas St. East  
Toronto, ON



portrait by @saltandchilli\_emma

Hosted by **Kate Macdonald** - a local parent and complaint doula who turned her own traumatic birth experience into a passion for patient advocacy! [complaintdoula.com](http://complaintdoula.com)

Contact Denise Booth to register: [icec@torontobirthcentre.ca](mailto:icec@torontobirthcentre.ca)

on at

an afternoon at the TBC to create art! Bring the projects you're already working on, or use our materials. There are options, and there will be people around to help if you're new to these crafts. Refreshments will be provided in a conditioned space.

August 30<sup>th</sup>, 2019  
Toronto Birth Centre  
525 Dundas Street East.  
2<sup>nd</sup> Floor Classroom  
1:00pm to 3:00pm

# Offerings at TBC

**Building Body Confidence workshop**  
with Luna Matatas


Everyone is welcome to attend this workshop!

We will explore how building body confidence and letting go of shame can help us build a better relationship to our bodies. You'll learn new skills for self-adoration, how to reclaim pleasure and advice on making space for self-acceptance.

Build body confidence  
Let go of shame and make space for body acceptance  
Reclaim pleasure  
Learn skills for self-adoration

Luna Matatas is a Pleasure and Body Confidence Educator with over 10 years' experience teaching workshops. She celebrates body confidence, self-adoration and using pleasure for resilience and wellness.

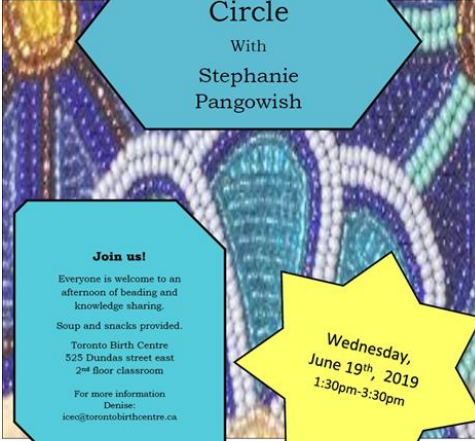
Friday May 24<sup>th</sup>, 2019  
1:30pm to 3:30pm  
TBC Classroom  
525 Dundas Street East  
For more information please email Denise - [iccc@torontobirthcentre.ca](mailto:iccc@torontobirthcentre.ca)



**Beading Circle**  
With Stephanie Pangowish

**Join us!**  
Everyone is welcome to an afternoon of beading and knowledge sharing.  
Soup and snacks provided.  
Toronto Birth Centre  
525 Dundas street east  
2<sup>nd</sup> floor classroom  
For more information Denise - [iccc@torontobirthcentre.ca](mailto:iccc@torontobirthcentre.ca)


**Wednesday,  
June 19<sup>th</sup>, 2019  
1:30pm-3:30pm**



**Rattle Making**  
With Kevin Myran



**Wednesday  
April 17<sup>th</sup>**  
Please register with Denise - [iccc@torontobirthcentre.ca](mailto:iccc@torontobirthcentre.ca)

**Please join us!**  
4:00pm to 6:00pm  
TBC Classroom  
2ND Floor  
525 Dundas Street East  
*Light refreshments provided*

**Women's Teachings**  
With Edna Manitowabi


**Wednesday April 10, 2019  
Thursday April 11, 2019  
10:00am to 1:00pm**  
2<sup>nd</sup> Floor TBC Classroom  
525 Dundas Street East  
**\*Limited Space Available\***  
For more information and to register please contact Denise [iccc@torontobirthcentre.ca](mailto:iccc@torontobirthcentre.ca)

**Please Join Us!!  
Birth & Placenta Teachings**

**Wednesday,  
April 3<sup>rd</sup>  
1:30pm - 3:30pm**  
TBC Classroom 2<sup>nd</sup> floor  
525 Dundas St. East  
Toronto, ON M5A 2B6

Everyone is welcome to share in an afternoon of learning traditional knowledge surrounding Anishinaabe Birth and Placenta teachings.  
For more information and to register please email Denise at [iccc@torontobirthcentre.ca](mailto:iccc@torontobirthcentre.ca)




**Women's Teachings**  
With Vivian Recollet

**Friday April 12th, 2019  
1:30PM to 3:30pm**  
TBC Classroom  
525 Dundas Street East, 2<sup>nd</sup> floor

**Please Join Us!!**  
Everyone is welcome to attend an afternoon of knowledge sharing and learning.  
Soup and snacks will be available.  
Babies, toddlers and children welcome to attend.  
For more info or if you have questions please contact Denise [iccc@torontobirthcentre.ca](mailto:iccc@torontobirthcentre.ca)



**Hand Drumming Circle**  
with  
Rowan Sky

Friday May 17<sup>th</sup>, 2019  
1:30pm to 3:30pm  
TBC Classroom 2<sup>nd</sup> floor.

Everyone Welcome to share songs and sing together.  
All experience levels welcome!  
Children & Babies are encouraged to come.  
Light refreshments provided.

For more information or if you have any questions please contact:  
Denise™ [icec@torontobirthcentre.ca](mailto:icec@torontobirthcentre.ca)  
Toronto Birth Centre 525 Dundas Street East, Toronto, ON, M5A 2B6



## SMOKE EM IF YOU GOT EM




**HIDE TANNING WORKSHOPS**






## Moose Hair Tufting

with  
Amber Sandy

Friday, November 29, 2019  
1:30 to 3:30pm  
2<sup>nd</sup> Floor Classroom  
525 Dundas street East

Everyone is welcome to learn how to Moose hair tuft with Amber Sandy!  
Light refreshments will be served.  
Children/babies are always welcome!

Limited space available please email  
Denise Booth:  
[icec@torontobirthcentre.ca](mailto:icec@torontobirthcentre.ca)



## SMOKE EM IF YOU GOT EM

### HIDE TANNING WORKSHOPS


facilitation by  
**Jodi Lynn Maracle (Mohawk)**  
**+ Hannah Dez (Dene)**


**FRI SEPT 27 +  
FRI OCT 4  
1:00 - 4:00PM**

Regent Park Community Gardens, west of the community oven, Sackville St @ Oak St  
**FREE. EVERYONE WELCOME**

Titiesg Wicinimintówak // Bluejays Dancing Together Collective  
in partnership with the Toronto Birth Centre  
funded by the Ontario Arts Council

[2pintskilshare@gmail.com](mailto:2pintskilshare@gmail.com)  
[bluejaysdancingtogether.com](http://bluejaysdancingtogether.com)





## Medicinal Herbs Workshop



• 22 •  
November, 2019

• 1:30-3:30 •  
PM

• 2 floor Classroom •  
525 Dundas Street East

• Self Care/Stress Reduction  
With Jacqui Wilkins

We will be making Cedar + Lavender + Sagebrush baths,  
and teas that reduces stress and anxiety.  
Everyone is welcome to attend! Light refreshments  
available.



# Community Outreach Activities





# Education at TBC

- The TBC has contracts with 3 Midwifery Education Programs (MEPs): Laurentian, McMaster, and Ryerson Universities.
- TBC also offered inter-professional placements from Sept-April for Ryerson's Nursing, Nutrition and Social Work programs.
- U of T Medical students participated in TBC placement Sept to March.
- TBC entered into a one-time agreement to offer a placement for a Global Health Student from York University.



# Education at TBC

- 33% of all admissions involved students
  - 161 (27.8%) admissions were attended by 1 student
  - 30 (5.2%) admissions were attended by 2+ students
- 173 admissions included MPG students
- 17 admissions included students placed at TBC
- 19 admissions included students identified as Indigenous
- 3 admissions included non-midwifery students

# Ryerson Nursing and Social Work in the community...



# Staff Medicine Walk





# Financial

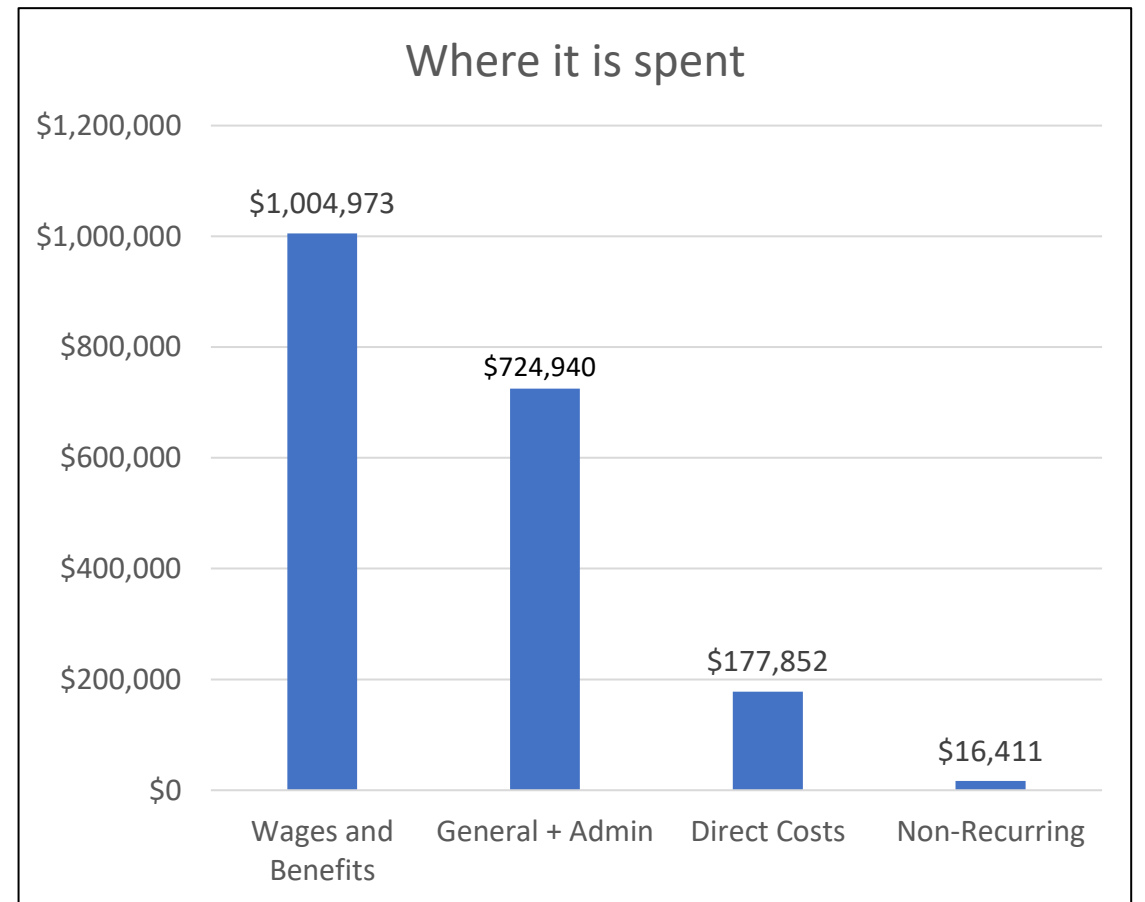
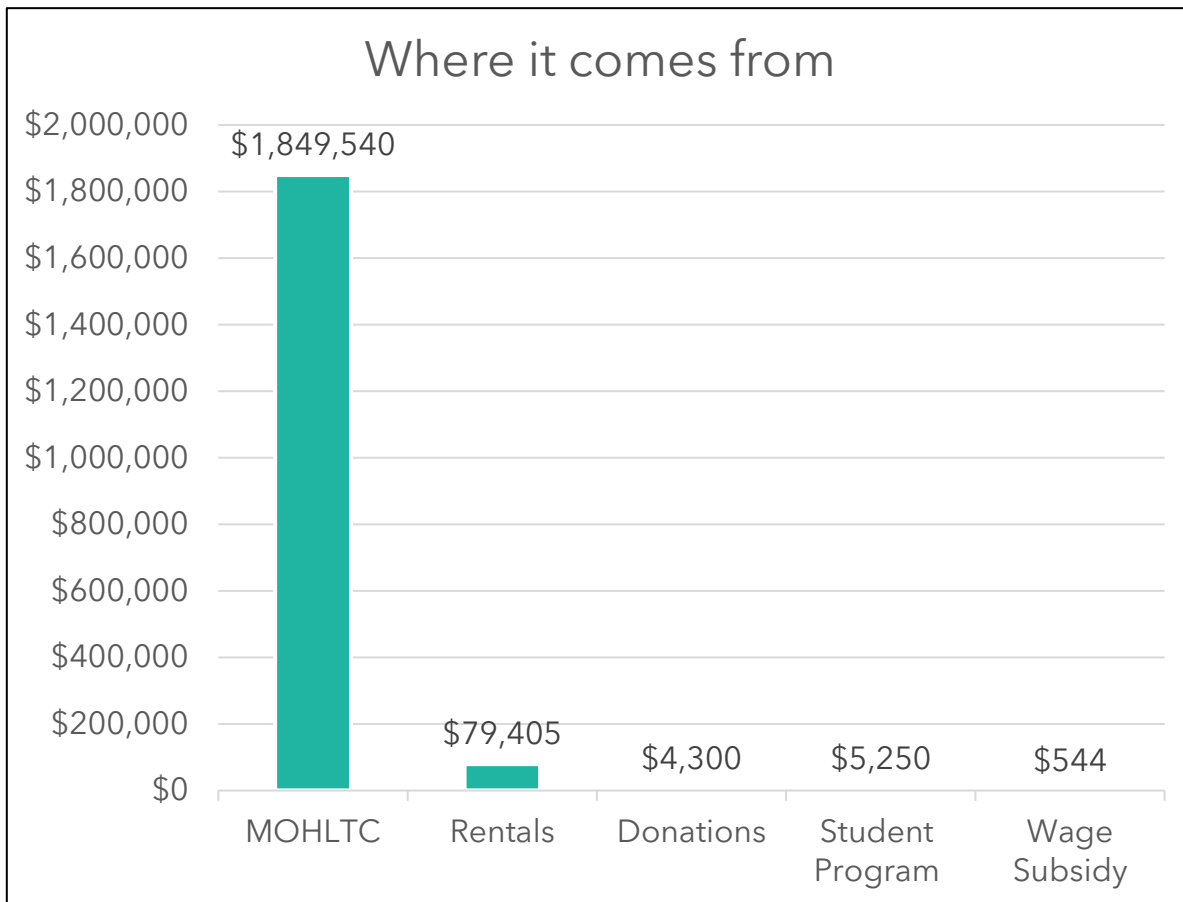
Financial statements for the 2019-20 fiscal year have been audited by Norton McMullen, LLP.

The following slides are summary excerpts from the audited financial statements.

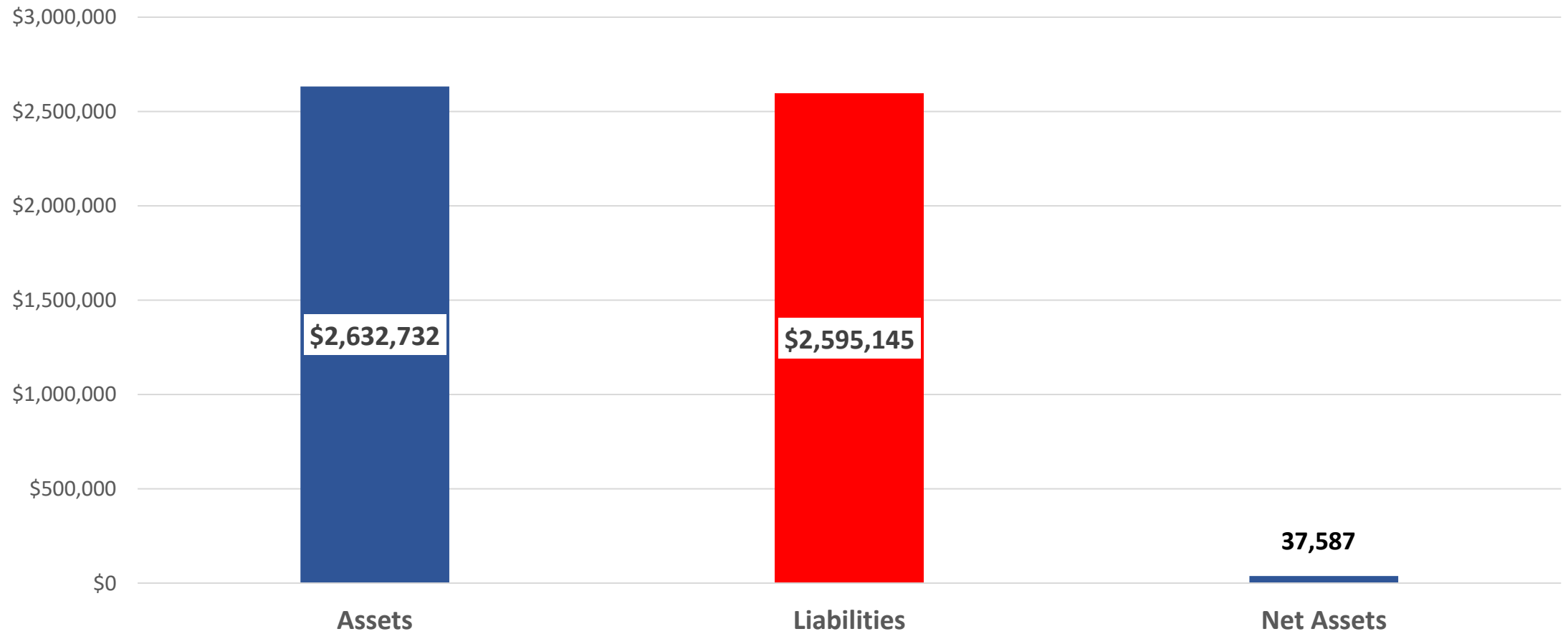
If you would like to request a copy of the complete and approved TBC audited financial statements, please contact Cheryl Creighton at: [admin@torontobirthcentre.ca](mailto:admin@torontobirthcentre.ca)

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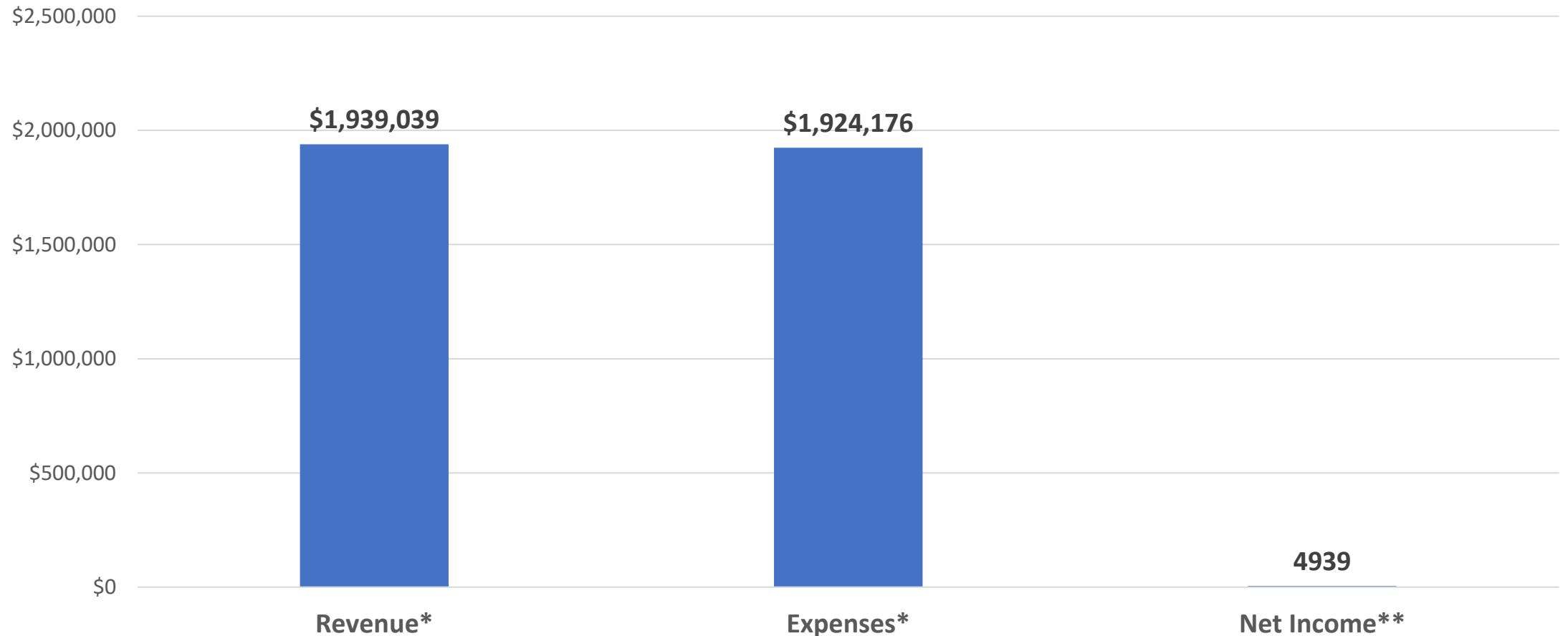
# Financial



# Financial Position



# Financial Performance



\*Does not include the Amortization of capital assets or deferred capital contributions

\*\*After Amortized capital assets & Deferred capital contributions

# Governance and Advisory Committees

## **Board of Directors:**

Ellen Blais, A.M., (Director); Cheryllée Bourgeois, A.M. (President) ; Kristen Dennis, R.M., (Director); Jennifer Dockery, (Ex-Officio Director); Andrea Luciuk, R.M. (Treasurer) ; Sarah Martineau, R.M., (Director); Jay McGillivray, R.M., (Director); Monica McKay, (Director); Kimberley Orton, R.M. (Secretary); and Laura Pus (Director - Women's College Hospital).

Outgoing Directors: Aimée Carbonneau, R.M. (Secretary/Treasurer); Jennifer Dockery, Director (Women's College Hospital).

## **Community Council:**

Co-chairs: Shannon Simpson and Rochelle Allan; Krysta Williams; Nicole Penak; Faith Wraith; Natalie Lucas; Rebecca Beaulne-Stuebing; Melissa Stevenson.

Outgoing Member: Nadya Burton.



# Governance and Advisory Committees

## **Quality Advisory Committee:**

Sara Booth, RM - Quality Advisor; Sophie Roher, PhD (cand); Dione Amsterdam, RM; Jennifer Gilbert, BA, MA; Dr. Elin Raymond, OB-GYN; Katelyn Blascik, RM; Kimberley Orton, RM (TBC Board); Tiffany Fung, RM.

Outgoing Members: Sara Wolfe, RM.

# Governance and Advisory Committees

## **Midwives Council:**

Co-Chairs, outgoing: Sara Chambers, RM (Kensington Midwives) and Sarah Davies, RM (The Midwives Clinic of East York-Don Mills)

Co-Chairs, incoming: Zuzana Betkova, RM; Kathleen Babe, RM

Indigenous Seat (Shared): Rocio Guzman Velasquez, RM; Odaemin McKay-Loescher, RM (Seventh Generation Midwives of Toronto)

Community Midwives of Toronto: Fariba Shodjaie, RM; Alusha Morris, RM

Diversity Midwives: Tama Cross, RM; Alexandra Nikitakis, RM; Mehrnaz Azad, RM

Kensington Midwives: Houleymatou Bah, RM; Lisa Thibodeau, RM

MATCH: Jenna Bly, RM; Sheezeen Suleman, RM

Midwife Alliance: Jennifer Brewer, RM; Tara Wodelet, RM

The Midwives Clinic of East York-Don Mills: Sarilyn Zimmerman, RM; Ness Dixon, RM; Kristen Taylor, RM; Nabal Kanaan, RM

Midwives Collective of Toronto: Nimerta Dhami, RM

Riverdale Community Midwives: Sabina Fella, RM; Tia Sarkar, RM; Amanda Tissera, RM

Seventh Generation Midwives of Toronto: Leah Crawford, RM; Brescia Nember-Reid, RM

Trillium Midwives: Fang Yu, RM



**TBC Staff**



# Miigwetch!

The 2000<sup>th</sup> baby born at TBC on August 15, 2019.