

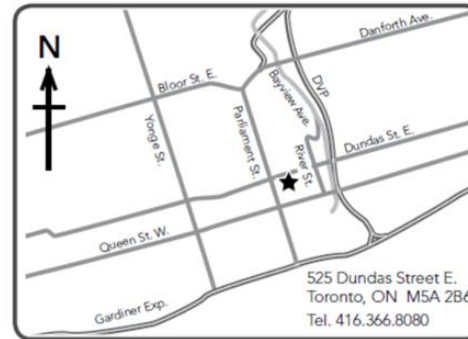
## Key Facts

During the first 7 years of operation (January 31, 2014 – Jan 31, 2021):

- Ⓒ There were 3478 clients admitted to TBC, and 2608 births.
- Ⓒ Of these, almost one-quarter (24%) were water births.
- Ⓒ Transfer to hospital during labour, or for the birthing client or baby afterward, happened:
  - 41.6% of the time for clients who were birthing for the 1<sup>st</sup> time
  - 11.9% of the time for clients who had given birth previously
- Ⓒ The most common reasons for transfer to hospital were slow labour progress, meconium-stained amniotic fluid, and the need for pain relief not available at the birth centre.
- Ⓒ An ambulance was used to transport the client or baby to hospital in 5.8% of admissions, or 20% of all transports. Other transports were done in private vehicles.
- Ⓒ Overall caesarean section rates were:
  - 9.2% for clients who were birthing for the 1<sup>st</sup> time
  - 1.1% for clients who had given birth before

## Location

The Toronto Birth Centre is located near Dundas Street East and Parliament Street in downtown Toronto.



### Interested in a Tour?

#### Contact Us!

Phone: (416) 366-8080 x 101



525 Dundas Street East  
Toronto, ON M5A 2B6  
(416) 366-8080

[www.torontobirthcentre.ca](http://www.torontobirthcentre.ca)

#### To find a registered midwife, you can visit:

College of Midwives of Ontario website

[www.cmo.on.ca](http://www.cmo.on.ca)

The Association of Ontario Midwives website

[www.ontariomidwives.ca](http://www.ontariomidwives.ca)

(416) 425-9974



## Toronto Birth Centre

*TBC's vision is to create a space where pregnant people, families and communities can access culturally safe birthing care*

## What is a Birth Centre?

- ⌋ Birth Centres are regulated, community-based health care facilities that offer a comfortable, safe space to give birth outside of hospital in the care of midwives.
- ⌋ Research shows that Birth Centres are a safe place for clients with low-risk pregnancies to have their babies.
- ⌋ The TBC is not a walk-in facility.
- ⌋ The TBC is licensed and funded by the Ministry of Health and Long-Term Care.



## The Toronto Birth Centre (TBC) at a glance

The TBC is a beautiful space, purpose-built in consultation with midwives to provide a welcoming, culturally safe space that operates within an ***Indigenous Framework\****.

There are three birth rooms, designed to provide a private, home-like setting. There are large family rooms for support people to gather. The TBC does not limit the number of people who can attend a birth (except during a pandemic). The TBC has a full kitchen to prepare meals. The Birth Centre is open 24 hours a day, 365 days a year.

## Who can/will be present at my birth?

- ⌋ Registered midwives (usually two)
- ⌋ Student Midwives (please discuss with your midwife team)
- ⌋ Any support people you wish to be with you (Doula, Elders, Knowledge Keepers)
- ⌋ Any additional family members (including children)

*\*For more information on TBC's Indigenous Framework please see the Indigenous Framework Pamphlet*



## Who can use the Toronto Birth Centre?

You can plan to have your baby at the TBC if you:

- ⌋ Are in care with a registered midwife who is affiliated with the TBC
- ⌋ Are at full term in a pregnancy with a single, head-down baby
- ⌋ Meet the eligibility criteria – discuss with your midwife

## What if there are changes to the birthing plan?

Birth Centres are set up for low risk, uncomplicated births with little intervention.

TBC gives midwives access to equipment to deal with common emergencies, including oxygen, sterile instruments, and drugs to stop bleeding.

There are no doctors or nurses at the TBC and interventions such as epidurals, drugs to augment labour, and caesarean sections, are available by transporting to hospital.