#### **Client experiences**

Clients' experiences of students at their labour and birth are overwhelmingly positive. Clients have been grateful for the extra support and knowledge students can offer, and acknowledge the safe space in which students can deepen their learning. By including students in their labour and birth, clients feel they are supporting midwifery and contributing to its future.

#### **Student Appreciation**

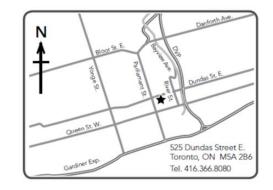
I am so grateful for the generosity of clients who were willing to invite a student they had never met into this intense experience for the sake of learning and growing the midwifery profession. Julia - Student Midwife, 3rd Year

It was an invaluable opportunity to connect with midwifery practices while fostering relationships with urban Indigenous communities in a facility that centres Indigenous teachings and ways of knowing. Lisa - Student Midwife, 3rd Year

Being a student at the TBC allowed me the opportunity to learn from many different clients and midwives, deepening my clinical skills and broadening my appreciation for the breadth of the midwifery profession. Janaya - Student Midwife, 3rd Year

### Location

The Toronto Birth Centre is located near Dundas Street East and Parliament Street in downtown Toronto.



Interested in a Tour? Contact Us! Phone: (416) 366-8080 x 101



525 Dundas Street East Toronto, ON M5A 2B6 (416) 366-8080 www.torontobirthcentre.ca

**To find a midwife, you can visit**: The Association of Ontario Midwives website <u>www.ontariomidwives.ca</u> or call (416) 425-9974

To learn more about midwifery regulation: College of Midwives of Ontario website <u>www.cmo.on.ca</u>

## Student Placements at Toronto Birth Centre



TBC's vision is to create a space where pregnant people, families and communities can access culturally safe birthing care

### What is a birth centre?

- C Birth centres are regulated, community-based health care facilities that offer a comfortable, safe space to give birth outside of hospital in the care of midwives.
- C Research shows that birth centres are a safe place for clients with low-risk pregnancies to have their babies.

### **Toronto Birth Centre (TBC)**

- C The TBC was built in consultation with midwives, and provides a welcoming, culturally safe space that operates within an Indigenous Framework.
- C The TBC is licensed and funded by the Ontario Ministry of Health and Long-Term Care.
- € The TBC is not a walk-in facility.



# What is TBC student placement?

The TBC supports opportunities for learning and sharing knowledge. The TBC hosts student placements from:

- C Midwifery Education Program
- C Social Work
- Nutrition

# What level of training do midwifery students have?

Students placed at the TBC are in year 3 of the 4-year Midwifery Education Program offered at Ryerson, Laurentian, or McMaster Universities. They have already had clinical training in midwifery practices as well as in many hospitals. Students at this level know how to care for clients in normal pregnancy, labour, birth, and postpartum, together with their supervising midwife.

# Do I need to have a student at my birth?

No, it is entirely your choice. You may choose to meet the student before deciding.



### What role will the student have?

A midwifery student will assist your midwife as requested, and to your level of comfort. This may include observation, providing labour support, catching the baby, or providing care to the baby at the time of birth as well as other post-partum care. Students from other programs will observe the process of your care, and offer support to your level of comfort.

### What if I already have students involved in my care?

The choice is up to you to have more than one student at your birth, and the specific roles of all those involved can be discussed with your midwives.

### When will I meet the student?

The TBC student may meet you at the birth centre when you arrive, or join the 2nd midwife when they come for the birth.

#### How can I help?

Students benefit greatly from feedback, and your comments and suggestions are essential to their learning. Feel free to tell them what you like and don't like! You will be helping them improve their skills.