

Toronto Public Health- Child Health and Development Directorate

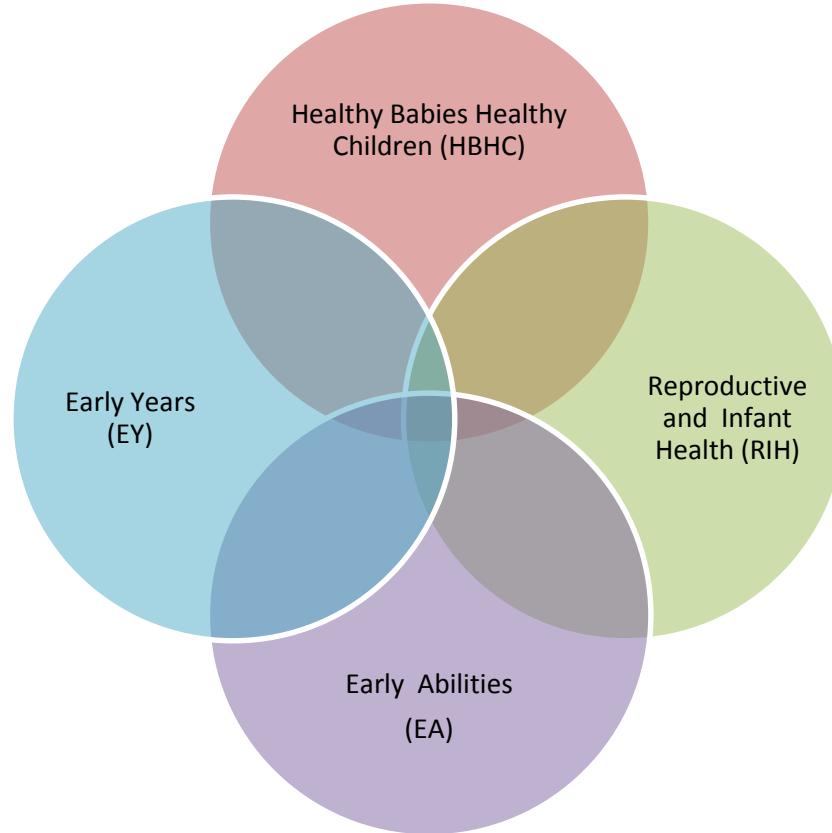


2018

Goals for today

1. To provide an update about the HBHC program, and the services in the Child Health and Development directorate at Public Health
2. Have a discussion about how Midwives and Toronto Public Health can work more effectively together.

Child Health and Development Directorate



Child Health and Development Services

(www.toronto.ca/health/professionals)

Infectious Diseases

Epidemiology, transmission, diagnosis, prevention and treatment of infectious diseases.

Infection Prevention & Control

Management and prevention of infectious disease outbreaks.

Immunization & Vaccines

Order vaccine online, vaccine alerts, vaccine storage and handling, and more.

Reproductive, Family and Child Health

Promotion of healthy birth outcomes and optimal early childhood development.

Sexual Health

Promotion of healthy sexuality, including up-to-date guidelines on testing, treating and preventing sexually transmitting infections (STIs), and more.

Smoking & Substance Use

Smoking cessation, alcohol screening, and harm reduction, including reducing the risk of opioid overdose.

Dental Services

Toronto Public Health's free dental clinics, detecting early childhood tooth decay, and more.

Environmental Health

Environmental and seasonal health information.

The Healthy Babies Healthy Children (HBHC) program provides services to families in the prenatal period and to families with children in their early years (birth up until a child's third birthday). Children can **enter** the HBHC program up until their third birthday

To be eligible for HBHC services the client must be

- living in Toronto
- pregnant or parenting a child who 0-3 years old
- the legal guardian of the child(ren)
- actively parenting the child(ren) in the family's place of residence
- and available for home visits during our hours of operation.

To refer call 416-338-7600 or e-mail to intake@toronto.ca

www.toronto.ca/health

The client must also meet one or more of the following criteria:

- Healthcare professional has concerns about the health and well-being of the client, family and/or child.
- Parent has concerns or questions about the child's health and development, parenting, parent-child relationship.
- Newcomer to Canada, here less than three years and having their first baby in Canada.
- Client has a limited informal and/or formal support system.
- Client has a history of or is experiencing physical and/or mental health illness that is impacting capacity to parent or cope with pregnancy.
- Client facing challenging life situations or life stressors such as homeless, domestic violence, child protection concerns, no OHIP.

To refer call 416-338-7600 or e-mail: intake@toronto.ca
www.toronto.ca/health

HBHC program offers it's participants:

- frequent and intensive home visiting by a Public Health Nurse and Family Home Visitor
- support and health teaching during the prenatal period
- breastfeeding and infant/child feeding support and teaching
- health promotion teaching related to child growth and development, parenting, **healthy parent-child relationship**
- referrals to community programs and health services
- service coordination to ensure families receive appropriate, integrated, needs-based coordinated services that build on their strengths

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www.toronto.ca/health

Specialized Services

- In order to meet the needs of Toronto's diverse and vulnerable populations Toronto Public Health provides two additional targeted services under the HBHC program.

To refer call 416-338-7600 or e-mail to intake@toronto.ca
www.toronto.ca/health

Homeless At Risk Prenatal (HARP)

- A city wide program that strives to promote positive prenatal and birth outcomes
- in homeless, transient pregnant women
- with multiple and complex health and social needs such as addictions, child protection services involvement.
- This service is provided by Public Health Nurses together with dietitians.

To refer call 416-338-7600 or e-mail to intake@toronto.ca
www.toronto.ca/health

Nurse Family Partnership (NFP)

This is a city wide service which is provided by Public Health Nurses.

- Evidence-based home visiting program
- Young women (21 years old and under)
- Experiencing their first pregnancy (first live birth)
- Less than 29 weeks pregnant
- Experiencing financial stressors.

To refer call 416-338-7600 or e-mail to intake@toronto.ca
www.toronto.ca/health



Postpartum
HBHC screen received at TPH



All Screens
infant < 6 weeks receive TC
within 48 hours



< 2 yes answers
RIH



> 2 yes answers
HBHC



Phone call from RIH PHN
answer immediate
questions/BF/ link family



Phone call from HBHC
PHN with **automatic**
offer of home visit

Remember the “yes” answers...

Healthy Babies Healthy Children Screen

Reason for left blank: A requires further assessment, B client declined to answer, C unable to answer

Section A: Pregnancy & Birth

1) Multiple birth? Yes No AD BD CD

2) Premature? (born at less than 37 weeks gestation) Yes No AD BD CD

3) Was the birth weight **less** than 1500g? Yes No AD BD CD

4) Was the birth weight **more** than 4000g? Yes No AD BD CD

5) Apgar score of less than 5 at five minutes? Yes No AD BD CD

6) Health conditions/medical complications during pregnancy that impact infant? Yes No AD BD CD

7) Complications during labour and delivery? Yes No AD BD CD

8) Maternal smoking of cigarettes during pregnancy? Yes No AD BD CD

9) Maternal smoking of more than 100 cigarettes (15 packs) in her lifetime prior to pregnancy? Yes No AD BD CD

10) Maternal alcohol use during pregnancy? Yes No AD BD CD

11) Maternal drug use during pregnancy? Yes No AD BD CD

12) No prenatal care before sixth month? Yes No AD BD CD

Section B: Family

13) Is less than 18 years old? Yes No AD BD CD

14) Was less than 18 years old when first child was born? Yes No AD BD CD

15) Experienced a previous loss? (pregnancy or baby) Yes No AD BD CD

16) Is a single parent? Yes No AD BD CD

17) Mother and/or child do NOT have a designated primary care provider? Yes No AD BD CD

18) Does NOT have an OHIP number? Yes No AD BD CD

19) Did NOT complete high school? Yes No AD BD CD

Section C: Parenting

23) Client cannot identify support person to assist with parenting of the baby/child? Yes No AD BD CD

24) Client cannot identify support person to assist with care of the baby/child? Yes No AD BD CD

25) Client expresses concern about money to pay for housing/rent and family's food, clothing, utilities and other basic necessities? Yes No AD BD CD

26) Client or parenting partner has a history of depression, anxiety, or other mental illness? Yes No AD BD CD

27) Client or parenting partner has a disability that may impact parenting? Yes No AD BD CD

28) Client expresses concern about their ability to parent for baby/child? Yes No AD BD CD

29) Client expresses concern about their ability to care for baby/child? Yes No AD BD CD

30) Client's relationship with parenting partner is strained? (evidence of relationship stress observed) Yes No AD BD CD

31) Client or parenting partner has been involved with Child Protection Services as a parent? Yes No AD BD CD

32) Client expresses that baby/child is difficult to manage? Yes No AD BD CD

33) Client's response patterns are inconsistent or inappropriate to the baby/child's cues? (evidence of inappropriate responses observed) Yes No AD BD CD

Section D: Infant/Child Development

34) Parent(s) identified a risk factor? Yes No AD BD CD

Section E: Health Care Professional Observations

35) Health care professional has concerns about well-being of client and/or baby/child? Yes No AD BD CD

21) Maternal separation from infant greater than 5 days? Yes No AD BD CD

22) Partner/support person is NOT involved with care of baby/child? Yes No AD BD CD

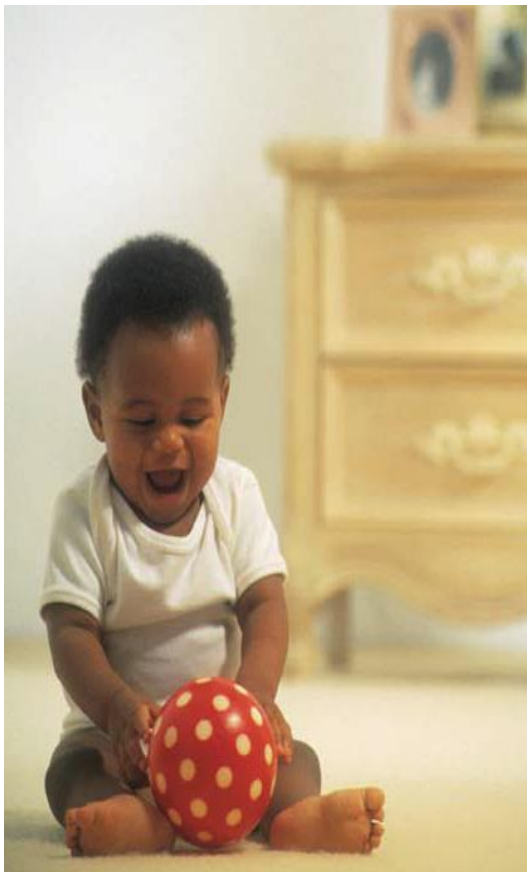
#21: baby in NICU?

#25: Newcomer?

#27: Present or past PPD/mental health?

#36: anything else you believe the PHN should be aware of?

If you write comments in the box here remember to select “yes” for #36



To refer call 416-338-7600 – www.toronto.ca/health

Reproductive and Infant Health – Prenatal Programs

Healthiest Babies Possible (HBP)

The Healthiest Babies Possible program of Toronto Public Health is a confidential prenatal nutrition program where Public Health Dietitians provide one-to-one nutrition counselling and education. The program is available at over 65 locations across Toronto.

The program is for individuals who are:

- Pregnant
- Nutritionally at-risk
- Living in Toronto



To refer call 416-338-7600 – www.toronto.ca/health/pregnancy

Reproductive and Infant Health – Prenatal Programs

Canada Prenatal Nutrition Program (CPNP)

CPNP is a free weekly prenatal program that provides group based and individual support and education from Public Health Nurses and Registered Dietitians in collaboration with community partners.

The program is for individuals who are:

- pregnant
- living in Toronto
- facing challenging life situations, such as hunger during pregnancy, recent arrival to Canada, previous premature or low birth weight births, and difficulty accessing health care

To refer call 416-338-7600 – www.toronto.ca/health/pregnancy



Reproductive and Infant Health – Prenatal Programs

Welcome to Parenting

Welcome to Parenting is a free online prenatal program that provides expectant parents with the knowledge, skills and confidence to have a baby and prepare for parenthood.

Who Can Register for the Online Program?

- The program is for you and your partner or support person who are:
- expecting a baby
- living in Toronto



Reproductive and Infant Health – Postpartum Program

Breastfeeding

Toronto Public Health offers free breastfeeding support through:

- Telephone
- Face to face contact
- Breastfeeding clinics and support groups.

BABY-FRIENDLY INITIATIVE (BFI) DESIGNATION



I've been looking forward to this
Skin-to-skin is the healthiest place to begin

When a mother holds her baby skin-to-skin:

Baby	<ul style="list-style-type: none">• cries less and is calmer• breastfeeds better• stays warmer• has better blood sugar levels	Mother	<ul style="list-style-type: none">• breastfeeds more easily• learns when baby is getting hungry• bonds more with baby
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416.338.7600 toronto.ca/health 

To refer call 416-338-7600 – www.toronto.ca/health/breastfeeding

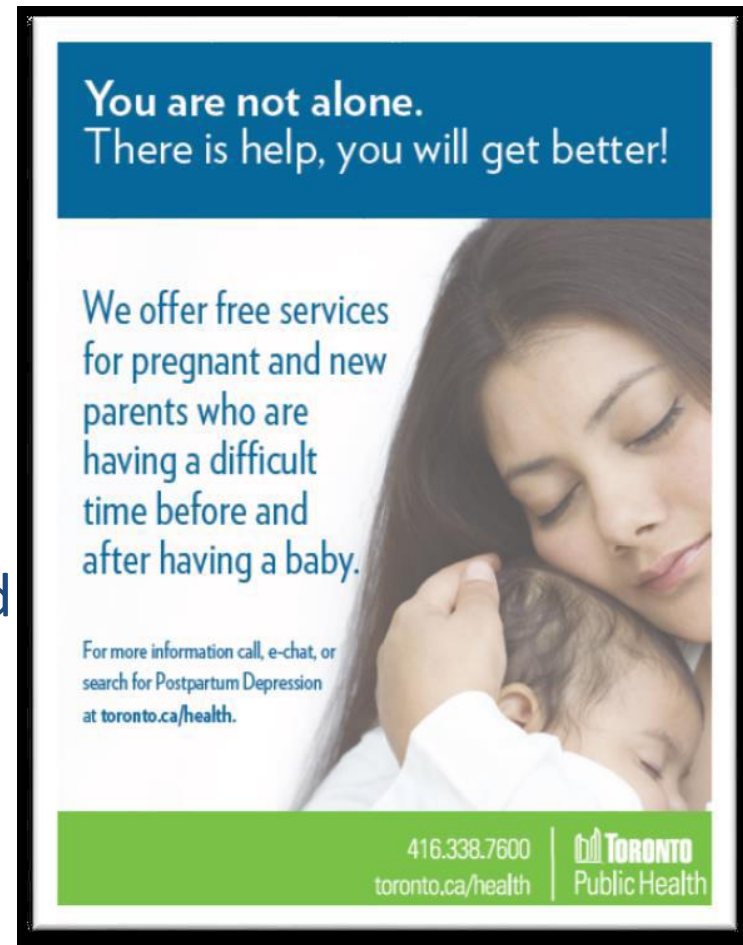
Reproductive and Infant Health Postpartum Programs

Perinatal Adjustment Program

- Intake, assessment & individual telephone support service
- Referral response is 2 business days

Target Population-Prenatal/postnatal families with infant's under one year exhibiting symptoms of PMD, diagnosed with PMD, or experiencing poor adjustment of parenthood

Referral process- Call Toronto Health Connection or email



You are not alone.
There is help, you will get better!

We offer free services for pregnant and new parents who are having a difficult time before and after having a baby.

For more information call, e-chat, or search for Postpartum Depression at toronto.ca/health.

416.338.7600 | toronto.ca/health | TORONTO Public Health

All of our programs are provided by Public Health Dietitians, Public Health Nurses, Community Nutrition Educators and/or trained community partners.

Some programs are offered in different languages and are available at various locations across the City.



Parenting Programs

Living and Learning with Baby

Living and Learning with Baby (LLB) is a free parenting program offered to parents/caregivers:

- With infants six weeks to six months old
- Able to attend weekly two hour sessions for six weeks on a regular basis





Healthy Eating Series

Make The Connection **0-1**



Make The Connection® **1-2**



Focus: To ensure that all children in the City of Toronto achieve their optimal communication development

Programs:

- Preschool Speech and Language Services
- Infant Hearing
- Blind Low Vision

For more info, call 416-338-8255 (voice)
416-338-0025 (TTY)
earlyabilities@toronto.ca

Indigenous Services, Collaborations, and Supports



Toronto Health Connection:
416-338-7600 (Mon-Fri 830am -430pm), or
email intake@toronto.ca

- * email is only to request a call back
- * do not include any client identifiers
- * include your phone number and the best time for a nurse to call you back to discuss the case

**Remember TPH “Information for Health Professionals”
website for more information about programs:**
<http://www.toronto.ca/health/professionals/index.htm>

live eChat is also available for clients
www.toronto.ca/health

Please feel free to contact me with any questions:

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